

# Community Support Programs (CSP)

Northeast Behavioral  
Health Care  
Consortium

## REACHING OUT TO YOU

### CSP Principles

**Consumer Centered/Consumer Empowered:** Services are based on the needs of the person, allowing individuals the greatest possible control over their lives.

**Strengths Based:** Strengths build on assets and strengths of individuals to help maintain their identity, self-esteem and dignity.

**Culturally Competent:** Services are sensitive and responsible to racial, ethnic, religious and gender differences of individuals.

**Accountable:** Services are accountable to individuals and families in planning, developing, implementing, monitoring and evaluating services.

**Community Based/Natural Supports:** Services encourage individuals to use natural supports in the community and integrate into all aspects of the community. *Natural supports would include but not limited to family, friends, co-workers, church members, and teachers/coaches.*

**Flexible:** Services are designed to allow people to move within and around the system as needed.

**Designed To Meet Special Needs:** Services are designed to meet the needs of persons with mental illness who may also be affected by other factors.

**Coordinated:** Services and supports are planned together with individuals, families, advocates and professionals at every level of the system.

The Community Support Program (CSP) of Pennsylvania is a partnership of mental health consumers, family members and professionals working to help adults with serious mental illnesses and co-occurring disorders live successfully in the community.

**The local CSP meets Monthly at The Advocacy Alliance Recovery Center and Community Counseling Services.**

For More information speak to your provider or contact NBHCC.



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